



## A passion for sports runs in Trip Umbach's family.

*Trip Umbach and his wife, Ashley, have three college-aged sons, in addition to Rex and Shirley (shown here in their favorite activity). Trip and Ashley are both active in the leadership of Boys and Girls Clubs of Central Alabama.*

Trip Umbach's grandfather brought collegiate wrestling to the southeast on his way to the National Wrestling Hall of Fame. His father pitched for the Atlanta Braves and put himself through law school with his signing bonus.

Trip played baseball for the University of Virginia and spent 10 years as a committed triathlete. These days it's more about playing tennis, sailing with his family and hunting with his prized Llewellyn setters, Rex and Shirley.

It makes sense, then, that Trip would draw on his competitive instincts as head of the Labor & Employment Law practice group at Starnes Davis Florie.

"I find it helpful that I've been in the batter's box in the bottom of the ninth, one run down. In some ways, trying a lawsuit is like competing in sports, so it's exciting for a lawyer, but it's no fun for your client," Trip said.

"As much as I enjoy winning in court, I'm much happier when my client can avoid litigation altogether." Because that is when Trip knows he's truly hit a home run for his client.

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